

Invest in your studies

Do you make notes while you are studying?

Or do you think they're a waste of time and that you could rather spend your time reading, memorising or participating in group discussions? We believe that making notes is an investment in your studies. Successful students make notes of what they read. Your notes serve two major purposes:

- Your notes are a permanent record of the time you've spent on a section of work.
- Your notes serve as a first step towards expanding your network of memory strategies.

As you prepare for your assignments, we recommend that you make notes before you answer your assignment questions, as it will help you to make sense of your learning and understand how everything is linked.

Our focus this week is on helping you to learn more effectively.

Activity 1: Learn more about an effective learning strategy

Different study methods help you to divide your time between reading your study material, making notes, revising, memorising and testing yourself. Learn more about [how to study effectively](#).

To contact the university, [click here](#).

From the Student Retention Unit (SRU)...all the best with your studies